



Pediatric  
Cardiomyopathy  
Awareness Month

## 4 Weekly Facts About Pediatric Cardiomyopathy

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During the month of September, post an informative fact on social media each week.

1. **Cardiomyopathy is a chronic disease of the heart muscle that affects the heart's ability to pump blood.**
  - **Facebook:** September is Pediatric Cardiomyopathy Awareness Month. Cardiomyopathy is a chronic disease affecting the heart's ability to pump blood. #KnowYourHeart @CCFheartkids
  - **Twitter:** September is Pediatric Cardiomyopathy Awareness Month. Cardiomyopathy is a chronic disease affecting the heart's ability to pump blood. #KnowYourHeart @CCFheartkids
  - **Instagram:** September is Pediatric Cardiomyopathy Awareness Month. Cardiomyopathy is a chronic disease affecting the heart's ability to pump blood. #KnowYourHeart @CCFheartkids
2. **Symptoms vary among the different forms of cardiomyopathy.** Symptoms vary and include difficulty breathing, fatigue, exercise intolerance, light-headedness, chest pain, heart palpitations, and swelling in certain parts of the body.
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  - **Twitter:** September is Pediatric Cardiomyopathy Awareness Month. Symptoms for cardiomyopathy vary: difficulty breathing, fatigue, exercise intolerance, light-headedness, chest pain, heart palpitations, and swelling in certain parts of the body. #KnowYourHeart @CCFheartkids
  - **Instagram:** September is Pediatric Cardiomyopathy Awareness Month. Symptoms vary and include difficulty breathing, fatigue, exercise intolerance, light-headedness, chest pain, heart palpitations, and swelling in certain parts of the body. #KnowYourHeart @CCFheartkids

3. **Cardiomyopathy is a chronic disease without a cure.** While there are medications and surgical procedures to treat symptoms, the damaged heart cannot be repaired. A heart transplant may be necessary if the heart continues to weaken and cannot pump effectively.

- **Facebook:** September is Pediatric Cardiomyopathy Awareness Month. With cardiomyopathy, there is no treatment to repair the damaged heart, and a heart transplant may be necessary. #KnowYourHeart @CCFheartkids
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- **Instagram:** September is Pediatric Cardiomyopathy Awareness Month. With cardiomyopathy, there is no treatment to repair the damaged heart, and a heart transplant may be necessary. #KnowYourHeart @CCFheartkids

4. **Cardiomyopathy remains a leading cause of heart transplants in children over one year of age.** Nearly 40 percent of children with symptoms end up receiving a heart transplant or dying within two years. ([source](#))

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